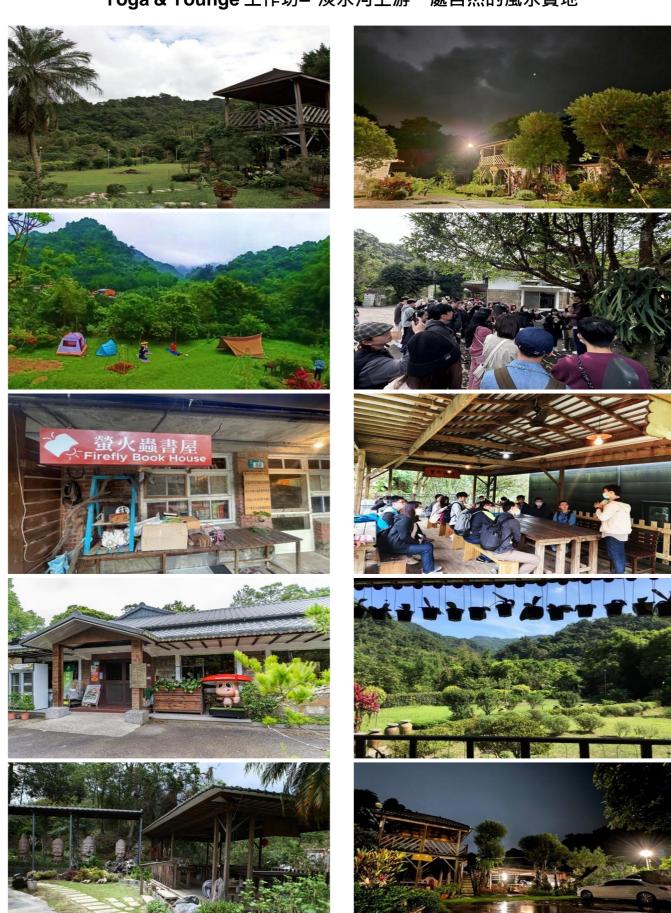
Yoga & Young workshop-fengshui paradise Village/ Farm on the upper reaches of Tamsui River

Yoga & Younge 工作坊- 淡水河上游一處自然的風水寶地



Departure Time	2024/11/11 10:00 AM-16:00PM, A full-day tour of 6 hours
日期	2024/11/11 10:00 至 16:00·整日行程約 6 小時
Price	• NTD \$3,100 (Approx. USD \$100)
售價	 Includes Tour bus, English-speaking tour guide, health lunch, wetland visit with guided tour, tickets, DIY experience, and insurance.
	 A deposit of NTD\$600 is required for the venue reservation and other services arrangement. (Online payment only.)
	 Pay the rest of fee by cash when gathering on Nov.11.
	• 新臺幣 3,100 元 (大約 100 美金)
	費用包含遊覽車、英語導遊、美味健康午餐、濕地導覽參觀、門票、手信 體驗跟保險
	• 需先預付訂金新臺幣 600 元作為預定場地與安排服務(可線上刷卡)。
	 報到時需現場繳清全部費用(付現)。
Capacity	
成團人數	A minimum of 15 participants is required to form a group, with a maximum limit of 40 people.
	至少 15 人成團,以 40 人為上限
Itinerary	Assembling in Taipei International Convention Center (TICC))→
行程	Taking tour buses from Taipei International Convention Center (TICC) \rightarrow Shiding Firefly House settlement (nature Yoga, vertical wetland tour, bird watching) \rightarrow Whole Food Health Lunch \rightarrow
	Sungertain Forest-Mushroom Lab (herbal cultural experience) \rightarrow
	Goodbye at Shenkeng Old Street Walk (free visit) or TICC
	台北國際會議中心(TICC)集合
	從 TICC 搭遊覽車出發→石碇螢火蟲棲地(體驗大自然瑜珈、垂直濕地之
	旅、觀鳥)→健康午餐→三才靈芝實驗室(草藥文化體驗)→免費參觀深均
	37

Highlights 特色

- Visit Taiwan's mysterious forest ecological wetland trail and admire glacial relics of the dinosaur era.
- Welcome tea, enjoy wonderful forest yoga on fengshui paradise grassland.
- Visit Sungertain Mushroom Forest-Lab to learn about the relationship between environment and Ganoderma-property through making tasting cultural experience.
- Ganoderma health meals
- Roaming into Shenkeng old street, enjoy Tamsui-Kavalan Trails, and feel Taiwan's traditional streets and product circulation story.
- 拜訪臺灣最神秘的森林生態濕地步道,和欣賞恐龍時代遺留下的冰河遺跡。
- 迎賓奉茶,徜徉在自然的風水寶地上享受美妙的森林瑜珈。
- 參觀三才靈芝森林實驗室,透過體驗了解環境與靈芝屬性之間的關係。
- 美味與健康兼顧的養生餐
- 漫步深坑老街、淡蘭古道,享受臺灣古色古香的街道與過去商業發展的痕跡。

Guidance to Reservation

報名方式

Please reserve your workshop by emailing to Sandy on smile795795@gmail.com with information enclosing as necessary as below:

- Name
- Organization
- ID No. or passport No. (International applicant please provide your passport No.)
- Expiry date of passport (Only the international applicant needs to offer.)

用 email 向聯絡人Sandy 報名聯繫 (smile795795@gmail.com)。並附上

- Birthdate (Day/Month/Year)
- Email address
- Mobile number

以下相關資料:

Guidance to Reservation

- 姓名
- 單位
- 身分證字號或是護照號碼(國際報名者須提供)
- 護照到期日(僅國際報名者須提供)
- 出牛年月日
- Email
- 手機電話

報名方式